



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1		Fundamentals : Unit 1		Ball Skills : Unit 1 Ball Skills : Unit 2	
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Gymnastics Fundamentals	Dance Ball Skills	Yoga Target Games	Net and Wall Games Invasion Games	Striking and Fielding Games Sending and Receiving	Athletics Team Building
Year 2	Dance Fundamentals	Gymnastics Ball Skills	Yoga Target Games	Net and Wall Games Invasion Games	Striking and Fielding Games Sending and Receiving	Athletics Team Building
Year 3	Fundamentals Y3/4 Ball Skills Y3/4	Gymnastics Dance	Swimming Yoga	Swimming Netball	Tennis Cricket	Athletics Fitness
Year 4	Swimming Football	Swimming Rugby	Gymnastics Fundamentals Y3/4	Ball Skills Y3/4 Netball	Cricket Tennis	Athletics Fitness
Year 5	Swimming Netball	Yoga Swimming	Gymnastics Football	Dodgeball Rugby	OAA Cricket	Athletics Rounders
Year 6	Football Dance	Gymnastics Rugby	Yoga Fitness	Cricket Dodgeball	OAA Netball	Athletics Rounders