



Leyburn Primary School

Staff training for supporting pupils' mental health and well-being

At Leyburn Primary School we are an 'Attachment Aware' school and have the award for this from the NYCC Virtual School.

We currently have staff across the school who have completed the following training courses that link specifically with supporting pupils' mental health and well-being:

- ACE – Introduction to Adverse Childhood Experiences Early Trauma
- ACT – Action Counters Terrorism
- Attachment Awareness
- Attachment – Introduction to Attachment Disorder
- Barnardo's Anti-HBT Bullying Programme
- Bereavement
- Compass Buzz
- ELSA (Emotional Literacy Support Assistant) – with support from Early Help
- Emotion Coaching
- Emotionally based school avoidance
- FGM – Recognising and Preventing FGM (Female Genital Mutilation)
- Lego Therapy
- Mindfulness
- NYSCB – Safeguarding
- Occupational Health – Going Home Project
- Paediatric first aid
- PREVENT
- Restorative Practice
- SENCo Networks (Ongoing every term)
- Understanding Autism, Asperger's and ADHD
- Using the Child and Youth Resilience Measure (CYRM)

The school is working towards the School Mental Health Award and the Healthy Schools Award.

We also have pupils trained as 'Emotion champions' who use Emotion coaching to offer support to their peers.