

Upper Foundation Stage long-term plan 2022-23

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Marvellous Me	Celebrations	People Who Help Us	Growing Plants & Animals	Traditional Tales	Our place in the world
Personal, Social & Emotional Development (PSED)	Feelings and developing confidence. Awareness of rules & boundaries		Rules & boundaries Describing self in positive terms		Co-operative learning Confidence and Independence	
Communication & Language	Attention and concentration new words & meanings Role play		Sequencing stories		Group discussions Using past, present & future	Connecting narratives & events
Physical Development/PE	Parachute Games	Gymnastics	Yoga	Dance	Multi-skills, ball games and small team games	
Literacy - Reading	Rhyming Initial sounds Blending vc & cvc words. Recite rhymes.		Read simple sentences. Recite poetry.	Read & compare a range of books (fiction/non-fiction)	Reading aloud accurately.	Developing reading comprehension.
Literacy - Writing	GMS & FMS activities Give meanings to marks (draw, write, paint)	Begin to form letters Write own name	Write own names, labels & captions.		Sentence writing using common & irregular words (spelling)	
Literacy - Phonics	Little Wandle Phase 2		Little Wandle Phase 3		Little Wandle Phase 4	
	3x per week group reading sessions using decodable texts following the current phase.					
Maths	Getting to Know You Just Like Me!	It's Me 1 2 3! Light and Dark	Alive in 5! Growing 6, 7, 8	Building 9 and 10	To 20 and Beyond First, Then, Now	Find My Pattern On the Move
Understanding the World						
Science	When I was a baby (human growth)	Materials - natural/man-made		Plant and animal life cycles		Changes - Freezing & melting, decay in fruit/veg
	The seasons & the weather - changes in the natural environment					
Geography	Where is my school? (Leyburn, England)		What is around my school? (school grounds & estate)		How does my world differ from life in another country?	
History	Families & own lives - past & present events		Figures from the past - Florence Nightingale			
	Know some similarities and differences between the past and now, and know some historical figures.					
RE	Which times are special and why? Family customs and routines.		Which stories are special and why?	Which people are special and why? Easter	Which places are special and why?	What is special about our world and why?
Computing	Interact with age-appropriate software linked to topics					
Expressive Arts & Design						
Music	Simple songs Explore the sounds of musical instruments		Combine media (singing, dancing, instruments, technology)		Explore how sounds can be changed	Representing own ideas using music & dance
Art		Using clay		Painting plants (Van Gogh)	Drawing using different media	
DT	Ongoing - using tools to create models and large structures, using tape to attach, planning what we are going to make, be able to discuss the process of what we made.					Food around the world