



Newsletter 3rd February 2017

Dear Parents and Carers,

It's February already and half term in a fortnight. Work is progressing well across the school and all of you will have a chance to discuss your child's progress with your child's class teacher at the upcoming Parents' Consultation meetings. This term's report will be sent out next week and those who attended Parent Forum were overwhelmingly positive about receiving one termly.

Reading Evening to help you support your child

Tuesday 7th February at 5.30pm

Next week, Mrs Beveridge will be holding an informal session to discuss our recent in-school training in the teaching of reading and how you can use some of the strategies to help support your child at home. The session will run for an hour and will cover different aspects of reading. It will also give you lots of opportunities to ask questions.



Children Mental Health Week

This week 6th – 12th February 2017 is Children's Mental

Health Week. Run by school-based children's mental health charity Place2Be, this year we're encouraging everyone to spread a little kindness.

Internet Safety Day - Tuesday 7th February

"Be the change: unite for a better internet"

The day offers the opportunity to highlight positive uses of technology and to explore the role we all play in helping to create a better and safer online community. It calls upon young people, parents, carers, teachers, and other professionals, policymakers, and wider, to join together in helping to create a better internet. If you follow the link below there are a range of resources available free of charge to help support safer internet day.

<https://www.saferinternet.org.uk/safer-internet-day/2017>

Parent Forum

The Minutes of the most recent meeting are on the school website. One issue which was raised was our wrap-around care and the possibility of extending the hours. In response to this, after half term we propose to trial the following:

Breakfast Club will start at 7.45am **at no extra charge.**

After School Club will be available as three following options:

- 3.30pm – 5pm: £7.00
- 3.30pm – 5.30pm: £9.00
- 3.30pm – 6pm: £12.00 including a snack.

If your child is staying until 6pm this MUST be booked at least 24 hours in advance with the School Office.

These new options will be reviewed at Easter.

Guinea Pig Visit!



to spend the day with the Year 1 Class!

We had some very exciting visitors when Mrs Willis brought her lovely guinea pigs Runny, David and

NSPCC



We had a very successful morning on Friday placing our coins out on the playground. Counting is still taking place, but we have certainly raised lots of money for a fantastic cause. Thank you to everyone who kindly donated their coppers!

Cluster Hockey Tournament

On Wednesday 1st February Leyburn Community Primary School hosted the Cluster Hockey Tournament. A brilliant time was had by all of the teams despite the dreadful weather. Leyburn managed to get all the way to the final but were pipped to the trophy by Middleham by a golden goal. Well done to all who took part!



CLEAN FOR THE QUEEN

Let's keep Leyburn Tidy!

Saturday 4th March 2017, 10.00am – Noon. Litter in some parts of Leyburn has become a problem so following on from the 2016 campaign, you are invited to join Leyburn Town Councillors to litter pick around the town, meeting near the market shelter at 10am on Saturday 4th March.

Date for your diary for after half term–

15th March at 6.00 pm in the school hall.

Having Trouble Catching Your ZZZ's?



How well are you and your family sleeping?

- Do you find it difficult to sleep well?
- Do you wake up and find it difficult to get back to sleep?
- Do you wake in the morning and still feel tired?

1 in 4 people have some problems with sleep at some point in their lives. Poor sleep has a negative impact on your health and wellbeing, as well as affecting how you feel and perform the next day. Come to this session to understand the science of sleep and learn practical techniques to improve yours and your family's sleep. Improving your sleep can help you to feel more refreshed, alert and boost your energy levels.

Presenter: Amanda McGough

AMANDA IS A REGISTERED GENERAL NURSE WITH A MASTER'S DEGREE IN HEALTH SCIENCES AND HAS MANY YEARS OF NHS EXPERIENCE. HER AREA OF SPECIALISM IS IN FATIGUE MANAGEMENT, HAVING WORKED IN THE TEESSIDE NHS SPECIALIST SERVICE FOR CHRONIC FATIGUE SYNDROME/ME, THE JAMES COOK UNIVERSITY HOSPITAL IN MIDDLESBROUGH. AMANDA WAS A FOUNDER MEMBER OF THE ROYAL COLLEGE OF NURSING CFSME SPECIALIST FORUM.