

BORIS

THE BEETROOT

WEEK 1



MAINS

MONDAY

Pork Sausages in Gravy
with Mashed Potato

Vegetable and Potato Curry 
with Savoury Rice & Naan bread

SERVED WITH GARDEN PEAS OR SWEETCORN

TUESDAY

Pizza Day
Pepperoni or Margarita

Cod Goujons in a Wrap
with Tangy Tomato Sauce & Sauteed Potatoes

SERVED WITH BAKED BEANS OR WINTER COLESLAW

WEDNESDAY

Traditional Roast Beef Dinner
with Yorkshire Pudding
Roast Potatoes & Baby New Potatoes

Homemade Mac & Cheese 
with Crusty Bread

FRESH CARROTS AND GREEN BEANS

THURSDAY

Chicken Pie with Short Crust Top
& Diced Herby Potatoes

Quorn Southern Style Burger 
in a Bun with Tomato Dip
& Diced Herby Potatoes

SERVED WITH BAKED BEANS OR FRESH BROCCOLI

FRIDAY

Battered Fish Fillet & Healthy Chips

Homemade Cheese & Onion Pie 
with Healthy Chips

SERVED WITH MUSHY PEAS OR SWEETCORN

DESSERTS

MONDAY

Fresh Fruit Salad
Homemade Fruit Biscuit
Yoghurt

TUESDAY

Fresh Fruit Salad
Orange Jelly with Mandarins
Yoghurt

WEDNESDAY

Fresh Fruit Salad
Homemade Apple & Oat Crumble with Custard
Yoghurt

THURSDAY

Fresh Fruit Salad
Strawberry Mousse with Fruit
Yoghurt

FRIDAY

Fresh Fruit Salad
Blueberry Mini Muffin
Yoghurt

AVAILABLE DAILY

Fresh Salad Bar
Jacket Potato served with a choice of toppings

Pasta King served with a choice of
Meat and Vegetarian Sauces

Fresh Fruit Salad

Selection of Topped Yoghurts

Selection of Bread

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WEEK 2



MAINS

MONDAY

Spaghetti Bolognese
with Garlic Bread

Vegetarian Sausage Rolls
with Hash browns 

SERVED WITH MIXED VEG

TUESDAY

Pizza Day
Ham or Margarita

Vegetable Burger
with Sweetcorn Salsa 

SERVED WITH SAUTEED POTATOES AND SWEETCORN

WEDNESDAY

Roasted Gammon & Pineapple
with Mashed & Roasted Potatoes

Tomato & Mascarpone Pasta Bake
with Crusty Bread 

SERVED WITH BATTON CARROTS & CAULIFLOWER

THURSDAY

Savoury Mince Beef Pie with Gravy
& Seasoned Wedges

Quorn Dippers with BBQ Sauce
with Seasoned Wedges 

SERVED WITH GARDEN PEAS OR CAULIFLOWER

FRIDAY

Cheddar Cheese & Tomato Omelette
served with Healthy Chips 

Fish Fingers
with Healthy Chips

SERVED WITH BAKED BEANS OR BROCCOLI

DESSERTS

MONDAY

Fresh Fruit Salad
Homemade Shortbread Biscuit
Yoghurt

TUESDAY

Fresh Fruit Salad
Steamed Fruit Pudding with Custard
Yoghurt

WEDNESDAY

Fresh Fruit Salad
Frozen Strawberry Yogurt
Yoghurt

THURSDAY

Fresh Fruit Salad
Apple & Sultana Flapjack
Yoghurt

FRIDAY

Fresh Fruit Salad
Iced Lemon & Ginger Sponge
Yoghurt

AVAILABLE DAILY

Fresh Salad Bar
Jacket Potato served with a choice of toppings

Pasta King served with a choice of
Meat and Vegetarian Sauces

Fresh Fruit Salad

Selection of Topped Yoghurts

Selection of Bread

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WEEK 3



MAINS

MONDAY

Cottage Pie with Gravy
Beetroot & Herby Diced Potatoes

Cod Fish Cake
with Herby Diced Potatoes

SERVED WITH BATTON CARROTS OR MUSHY PEAS

TUESDAY

Pizza Day
Spicy Chicken or Margarita with Waffles

Vegetable Lasagne & Garlic Bread
with Potato Waffle

SERVED WITH SWEETCORN

WEDNESDAY

Roast Turkey with Stuffing, Yorkshire
Pudding, Mashed & Roasted Potatoes

Vegetable Samosa
with Savoury Rice & Sweet Chilli Sauce

SERVED WITH CRUSHED CARROT & SWEDE

THURSDAY

Chicken & Spinach Korma
with Savoury Rice & Pitta Bread

Homemade Cheese & Egg Flan
with Sauteed Potatoes

SERVED WITH GARDEN PEAS OR SPAGHETTI HOOPS

FRIDAY

Vegetarian Toad in the Hole
served with Vegetable Gravy & Healthy Chips

Jumbo Fish Finger
with Healthy Chips

SERVED WITH GREEN BEANS OR BAKED BEANS

DESSERTS

MONDAY

Fresh Fruit Salad
Vanilla Ice Cream with Sliced Peaches
Yoghurt

TUESDAY

Fresh Fruit Salad
Homemade Rice Pudding with Fruit Coulis
Yoghurt

WEDNESDAY

Fresh Fruit Salad
Homemade Oaty Biscuit
Yoghurt

THURSDAY

Fresh Fruit Salad
Strawberry Jelly & Berries
Yoghurt

FRIDAY

Fresh Fruit Salad
Paris Sandwich & Custard
Yoghurt

AVAILABLE DAILY

Fresh Salad Bar
Jacket Potato served with a choice of toppings

Pasta King served with a choice of
Meat and Vegetarian Sauces

Fresh Fruit Salad

Selection of Topped Yoghurts

Selection of Bread